

Suffering Successfully

A Biblical Perspective

Suffering touches us all. No one is exempt. The question is, in the midst of suffering do we put God on trial or does God put our faith to the test? Cataclysms, catastrophes and conflicts have always been part of the human experience. Whether it is devastating grief or dehumanizing pain, the questions before us are: How do we as Christians keep disaster from becoming ruin? How do we stop suffering from dethroning God in our life, debasing our integrity, and destroying our life?

This book is based upon personal meditations and professional considerations. It addresses issues that fill my days as well as some troubled nights. The writing of it has helped me and I hope reading it will help you. In this book I believe you will find hope and help for the difficulties in life.

But most of all I hope you find Him who was broken that we might be made whole. - Fred Chay

The church at large longs for biblical answers to every man's dilemma, that is, the problem of suffering. While many have concluded that human suffering is evidence enough that a personal, loving God does not exist, Dr. Chay pans for nuggets in the riverbed of the Bible to show us that God often reveals Himself most clearly through the tears of those who love Him. His insights will not eliminate pain, but they do give us a transcendent cause that will guide us safely through the rough waters of trials and tribulation in this life.

Dave Anderson, Ph.D., President, Grace School of Theology

As a pastor walking through the recent murder of my son, Fred Chay helped me to put suffering in its proper perspective. This book is a gift to all who experience pain. It is a call to stand strong for Christ and live with eternity in mind. It is a must read for all that seek to walk with God through the darkest recesses of life!

Paul D. Johnson, Lead Pastor, South Delta Baptist Church, Vancouver, British Columbia; Board Chair, Fellowship of Evangelical Churches of Canada

Dr. Chay has written an insightful and important book on suffering that every Christian should read. His biblical insights will help you understand the purpose of the trials and suffering you may be enduring in your life. I am pleased to recommend this very practical resource to you.

Pastor J. Mark Martin, Calvary Community Church, Phoenix, Arizona

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